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PRINCIPAL

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44 Rutherford Street, Caversham, Dunedin 9012

Newsletter

October 22nd 2021

Term 4 No 1

SCHOOL OFFICE

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From the Desk of the Principal

Kia ora Sara Cohen Whanau;

Welcome back to week one of Term 4, 2021. It's great to have warm and sunny weather and we look forward to doing some fun outdoor activities this term. All of the students have returned to school happy, engaged and ready to work from the school holidays.

We are still in Delta Level 2 and will continue to observe the protocols that we have set as a school for this alert level. Our swimming programme is suspended during this alert level but we have allowed class groups to access some of the community facilities like libraries, museums, supermarkets and playgrounds ensuring that they observe appropriate safety measures of those facilities. We also allow external therapists on site so long as they complete our contact tracing paperwork. I hope that with increased vaccination rates we will be able to return to some level of normality in the near future.

We had a teacher only day planned for next Wednesday the 27th October, unfortunately the North Island presenter was unable to come to Dunedin. We will cancel the teacher only day and it will be school as normal. Hopefully your child's teacher will have already been in contact with you around this.

We have an exciting term coming up with a School Disco and a number of celebration events for the end of the year. We will give you plenty of notice about these events so that you can make arrangements to join us.

Remember that Monday is Labour Day so the school is closed. Please enjoy your long weekend!

Ngā Mihi
Matt

TERM DATES 2021

**Term 4: Monday 18th October – Tuesday 14th
December**

ABSENCES

If your child is going to be absent, please make sure you contact the school to let us know. The absence line number is 03 4558347 extension 1. If we have not heard from you contact will be made to determine the whereabouts of your child. This is a very important safety matter for us all.

Board of Trustees Report - Meeting held 27th September 2021

- We have had a very calm and relaxed return to school for all of our students and staff.
- CLP's have been rescheduled for the 28th and 29th of September. At these meetings we will set the educational goals for the second semester. This will be an opportunity for teachers, therapists, parents and students to be a part of the educational focus for the students.
- A notice and explanation of the changes to the way in which we will report to parents went out with the last newsletter. Parents will have this discussed with them in CLP meetings. Expectations have been put in place for teaching staff around the expected reporting to parents. We have also purchased the Seesaw platform.
- Covid - we are still running a restrictive curriculum in Level 2. Outings to places that have public are restricted. No swimming.
- We are still running mindfulness and yoga classes. Aaron is teaching calming and settling techniques.
- We have observed the various language weeks. Māori, Tongan.
- Lunches in schools has been a success. Huge uptake from staff and students. Parents have been very positive about the lunches. There have been a number of surprising successes like expanding palette, making their lunch and eating their lunch.
- Teachers only day on the 27th of October. We have Sally Clendon coming to work with our teaching staff. Support staff will have professional development with the therapy team.
- Term Dates 2022
- Term 1: Monday 31st January - Thursday 14th April
 - Monday 31st January – Teacher Only Day
 - Tuesday 1st February – Teacher only Day
 - Wednesday 2nd February – Students Start
 - Waitangi Day observed - Monday 7th February
 - Otago Anniversary Day - Monday 21st March
 - Good Friday – Friday 15th April
- Term 2: Monday 2nd May - Friday 8th July
 - Queen's Birthday – Monday 6th June
 - Matariki – Friday 24th June
- Term 3: Monday 25th July – Friday 30th September
- Term 4: Monday 17th October – Wednesday 14th December
 - Labour Day – Monday 24th October

Parent to Parent

If you are not sure how Parent to Parent support families then check out our website <https://parent2parent.org.nz/>

The **Weekly Wednesday group** have started back only we are meeting at The Village Green Cafe. If the cost of the hot drink is going to stretch you then just let the counter staff know to put it on the Parent to Parent tab.

When: Every Wednesday during school term

Where: The Village Green Cafe - 326 Main South Road, Green Island

Time: 10 - 12pm

**Did you know- Spark, Vodafone and 2degrees users can now access 11 health websites and 2 health portals from their mobile, without using any data!
Even when you have no data you'll be able to access sites like:**

Website	Description
www.covid19.govt.nz	Government website that brings together everything New Zealanders need to know about COVID-19 and how the government is responding.
www.health.govt.nz	Ministry of Health website with a wide range of information to help New Zealanders manage their health
www.healthnavigator.org.nz	A digital front door for accessing information about health topics, medicines, healthy living and health services.
www.booksonprescription.co.nz	A programme to increase access to high quality health information.
www.depression.org.nz	Information and resources to help New Zealanders recognise and understand depression and anxiety.
www.thelowdown.co.nz	Information and resources to help young New Zealanders recognise and understand depression or anxiety.
www.safegambling.org.nz	Support and information for New Zealanders who have a gambling problem or are concerned about someone else's gambling.
www.managemyhealth.co.nz	Portal for accessing digital health services.
www.health365.co.nz	Portal for accessing digital health services.
www.allright.org.nz	Information and resources to help New Zealanders manage their mental health.

Website	Description
www.myexperience.health.nz	Health Quality and Safety Commission New Zealand site that provides information and resources to New Zealanders.
www.plunket.org.nz	Plunket New Zealand site that provides advice and support for the health and wellbeing of tamariki under-five and their whānau.
www.quitstrong.nz	For people who are looking to quit smoking and those who support them.
www.smallsteps.org.nz	Small Steps are digital tools, developed by Te Hiringa Hauora in partnership with Clearhead. The Small Steps website is a place where people of Aotearoa can take small steps on their journey to improve wellbeing. Whether you're here to maintain wellness, find relief, or get help for yourself, friends or whānau, we're here with you, for you - he waka eke noa.
www.iustathought.co.nz	Just a Thought offers evidence-based Cognitive Behavioural Therapy (CBT) online and is designed for people with mild-to-moderate symptoms of anxiety and depression. CBT teaches people how to control their emotions, thoughts and behaviour to improve their mental health.
www.karawhiua.nz	Karawhiua is a unifying campaign for whānau, hapū, iwi, and Māori communities to help prevent the spread of COVID-19. Karawhiua is led by Te Puni Kōkiri (Ministry for Māori Development), co-delivered by Te Hiringa Hauora (Health Promotion Agency) and supported by the Ministry of Health and the Unite Against COVID-19 teams.

All mobile data charges for these websites will be charged back to the Ministry of Health. The number of sponsored websites will increase over time. Read the full story and learn how to access it here: <https://bit.ly/3oeGNxk>

WANTED – Fabric Scraps for Christmas decoration making. Please send to the Office.

PICNIC FOR FOSSIL FREE SCHOOLS

SATURDAY OCTOBER 30TH
FROM 11:30AM - 1:00PM
AT THE OCTAGON

Join us in telling in the government our children deserve to breathe clean air when they go to school

More than 350,000 young people in Aotearoa attend schools burning coal, oil, and gas for heating

That's 45% of our schools polluting our air and contributing to the climate crisis. With current funding, just 8% of these schools will transition to clean energy by 2025.

Come along for family-friendly food, games, and music as we ask for funding to convert all fossil-fueled boilers in Dunedin schools

